

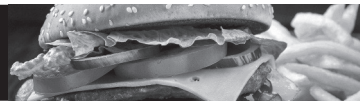
APPETIZERS



A1	BUFFALO WINGS	(6) \$7.95	(12) \$10.95
A2	BBQ WINGS	(6) \$7.95	(12) \$10.95
A3	TERIYAKI WINGS	(6) \$7.95	(12) \$10.95
A4	HONEY MUSTARD WINGS	(6) \$7.95	(12) \$10.95
A5	MOZZARELLA STICKS (6)		\$6.95
A6	ZUCCHINI STICKS (6)		\$6.95
A7	MINI CHICKEN QUESADILLAS	(6) \$6.95	(12) \$10.95
A8	COCONUT SHRIMP	(6) \$7.95	(12) \$12.95
A9	COCONUT CHICKEN STRIPS	(6) \$6.95	(12) \$10.95
A10	MANGO SHRIMP	(6) \$7.95	(12) \$12.95
A11	BUFFALO CHICKEN STRIPS	(6) \$7.95	(12) \$10.95
A12	HONEY MUSTARD CHICKEN STRIPS	(6) \$7.95	(12) \$10.95
A13	SESAME TERIYAKI CHICKEN STRIPS	(6) \$7.95	(12) \$10.95
A14	BBQ CHICKEN STRIPS	(6) \$7.95	(12) \$10.95

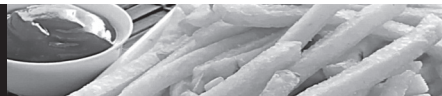
*All appetizers, come with their own dipping sauces *Add fries \$2.00 more

FROM THE GRILL



G1	12 OZ. BURGER, w/ lettuce and tomato	\$7.95
G2	VEGGIE BURGER, w/ lettuce and tomato	\$5.95
G3	MAC & CHEESE BURGER,	\$10.95
G4	CORDON BLEU BURGER, w/ smoked ham, and melted swiss cheese	\$10.95
G5	PIZZA BURGER, w/ marinara sauce, and melted mozzarella cheese	\$10.95
G6	MEXICAN BURGER, w/ melted pepper jack cheese, salsa, sour cream & quacamole	\$10.95
G7	BISTRO BURGER, w/ melted brie, caramelized onions, and bacon	\$10.95
G8	COWBOY BURGER, w/ bacon, cheddar, and BBQ sauce	\$10.95
G9	CHEDDAR BURGER, w/ melted cheddar cheese	\$8.95
ADD Cheese, mushrooms, onions		\$1.00
Add bacon, avocado		\$1.25
DELUXE: lettuce, tomato, pickle and fries		\$3.00

SIDE DISHES

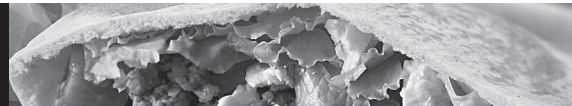


SD1	FRENCH FRIES	Sm \$2.95	Lg \$3.95
SD2	FRENCH FRIES, w/ melted cheese	Sm \$4.95	Lg \$5.95
SD3	FRENCH FRIES, w/ melted mozzarella, and brown gravy	Sm \$5.95	Lg \$6.95
SD4	ONION RINGS	Sm \$3.95	Lg \$4.95
SD5	SWEET POTATO FRIES	Sm \$3.95	Lg \$4.95
SD6	CINNAMON SWEET POTATO FRIES, served w/ maple syrup	Sm \$3.95	Lg \$4.95
SD7	BUFFALO FRIES, w/ melted mozzarella	Sm \$4.95	Lg \$5.95
SD8	MASHED POTATO, w/ gravy	Sm \$4.95	Lg \$5.95
SD9	LOADED FRIES, w/ melted cheddar & bacon	Sm \$6.95	Lg \$7.95
SD10	MAC & CHEESE	Sm \$5.95	Lg \$6.95
SD11	MAC & CHEESE w/ bacon	Sm \$6.95	Lg \$7.95

HOT SOUPS DAILY

3 - HOME MADE SOUPS SERVED DAILY,
CALL FOR THE SELECTIONS
SMALL 12oz \$4.95 - LARGE 16oz . \$5.95 - QT \$8.95
1/2 A WRAP SPECIAL: 1/2 of any wrap, served with your choice of a small soup\$7.95
1/2 A PANINI: 1/2 of any panini served with your choice of small soup\$8.95

LOW FAT

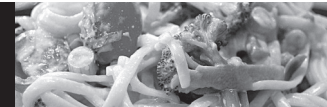


LF1	GRILLED VEGETABLE PITA, w/ melted fat free mozzarella, in a toasted pita	\$7.95
LF2	GRILLED LEMON HERBED CHICKEN PITA, w/romaine lettuce, and tomato	\$8.95
LF3	GARDEN SALAD PITA, w/ ice berg lettuce, cucumbers, tomatoes, shredded carrots, and a cucumber yogurt sauce	\$7.95
LF4	VEGGIE TUNA WRAP, w/ lettuce, and tomato	\$8.95
LF5	GRILLED LEMON HERBED VEGETABLE WRAP, fresh vegetables in a lemon herbed dressing grilled to perfection, w/ lettuce, and tomato	\$7.95
LF6	GREEK SALAD WRAP, w/ lettuce, tomato cucumbers, onions, green peppers, feta cheese, and balsamic dressing	\$7.25 w/ chicken \$7.95
LF7	TOSSED SALAD WRAP, w/ fresh mozzarella, & roasted peppers	\$7.95

*Add chicken ... \$1.00 Add shrimp ... \$2.00

Your choice of wrap Spinach, Plain, Tomato, Whole Wheat & Garlic and Herb.
Your wrap comes with a side pasta salad of the day.

HOT SELECTIONS



H1	FRIED CHICKEN FINGERS, w/ french fries	\$8.95
H2	HONEY CAJUN CHICKEN FINGERS, w/french fries	\$9.95
H3	BUFFALO CHICKEN FINGERS, w/french fries	\$9.95
H4	CHICKEN QUESADILLA, w/french fries	\$9.95
H5	STEAK QUESADILLA, w/french fries	\$10.95
H6	SHRIMP QUESADILLA, w/french fries	\$10.95
H7	BUFFALO CHICKEN QUESADILLAS, w/french fries	\$9.95
H8	BUFFALO SHRIMP QUESADILLAS, w/french fries	\$10.95
H9	STEAK TID BITS, w/ french fries and BBQ sauce	\$10.95
H10	CHICKEN TID BITS, w/ french fries and BBQ sauce	\$9.95
H11	PENNE ALA VODKA, w/ small tossed salad w/ chicken or shrimp	\$11.95
H12	PASTA PRIMAVERA, in garlic and oil, w/ a small tossed salad w/ chicken or shrimp	\$11.95
H13	BLACKENED SALMON, topped w/mango salsa & honey chipotle sauce. served w/ mashed potatoes & sauteed spinach	\$12.95
H14	OREGANATTA BAKED TILAPIA, topped w/sauteed spinach & brushetta. served w/ corn black bean salsa & rice	\$12.95

HOT SANDWICHES



		ROLL
HS1	GRILLED HERBED CHICKEN, with roasted peppers, grilled onions, with a sundried tomato mayo on french bread, served with french fries	\$8.95
HS2	PESTO GRILLED CHICKEN, with roasted peppers, grilled red onions, fresh mozzarella, and sundried tomato mayo, served with french fries	\$8.95
HS3	TURKEY BLT CLUB, on white bread, served with french fries	\$8.45
HS4	GRILLED BBQ CHICKEN, w/ bacon, & aged cheddar cheese, served w/ french fries	\$8.95
HS5	GRILLED CHICKEN PARMESAN, w/ french fries	\$8.95
HS6	CRAB CAKE, with lettuce, tomato, and a remoulade sauce, served w/ french fries	\$8.95
HS7	CAJUN CHICKEN, with melted Monterey cheese, served with french fries	\$8.95
HS8	TURKEY BACON SWISS MELT, on garlic bread with french fries	\$8.95
HS9	PHILLY CHEESE STEAK, w/ peppers and onions, and french fries	\$9.95
HS10	FRIED CHICKEN, w/ fried eggplant, melted fresh mozzarella, roasted red peppers, and pesto mayo, w/ french fries	\$8.95
HS11	SLICED CAJUN STEAK, w/ melted pepper jack cheese, sautéed onion, and Cajun mayo, w/ french fries	\$8.95
HS12	CHICKEN PARMESAN, w/ french fries	\$8.95

* On HERO add \$1.00



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OVER SIZED WRAPS



- W1 GRILLED CHICKEN CAESAR** \$8.50w/Steak or Shrimp-\$9.50
- W2 CALIFORNIAN RANCH** w/ grilled chicken, mixed greens, and ranch dressing \$8.50w/Steak or Shrimp-\$9.50
- W3 BUFFALO CHICKEN** , w/ lettuce, tomato, and bleu cheese dressing\$8.50
W/ SHRIMP\$9.50
- W4 WILD TURKEY** , w/ smoked turkey, mixed greens, swiss cheese, and honey mustard dressing\$8.50
- W5 CONTINENTAL** , w/ black forest ham, brie, mixed greens, tomato and honey mustard\$8.50
- W6 TURKEY BLT**, with lettuce , tomato, and crispy bacon\$8.50
- W7 GRILLED VEGETABLE**, w/ mixed greens\$8.50 Add chick or Shrimp\$9.50
- W8 PORTABELLO MUSHROOM** , w/ fresh mozzarella, & roasted peppers\$8.50
add Steak, or Shrimp\$9.50
- W9 DMC CHICKEN** , w/ brie, roasted peppers, and honey mustard dressing\$8.50
w/Shrimp\$9.50
- W10 CHICKEN PAILLARD** ,w/ raspberry chicken,greens, and crumbled goat cheese\$8.50w/Shrimp-\$9.50
- W11 CHICKEN GREEK**, w/ lettuce, tomato, onions, and feta cheese\$8.50
.....w/Shrimp-\$9.50
- W12 HERBED CHICKEN**, w/ roasted vegetables, tomato and herbed mayo\$8.50
- W13 SESAME TERIYAKI CHICKEN**, w/ mandarin oranges, mixed greens, and Chinese noodles \$8.50w/Shrimp-\$9.50
- W14 SLICED STEAK**, w/ caramelized onions, crumbled blue cheese, and mixed greens\$9.50
- W15 CHIPOTLE CHICKEN**, w/ melted cheddar, bacon, and chipotle mayo dressing ..\$8.50
- W16 BALSAMIC GRILLED CHICKEN**, w/ brie, sliced apples, mixed greens, and honey mustard dressing\$8.50
- W17 FRIED CHICKEN WRAP** mozzarella, onion rings, brown gravy\$8.50

GRILLED WRAPS



- HW1 CAJUN STEAK** , w/ melted cheddar, bacon, and Cajun mayo\$9.50
- HW2 CHICKEN CORDON BLEU** , w/ fried chicken cutlet, smoked ham, Russian dressing, and melted swiss cheese\$8.50
- HW3 CHIPOTLE CHICKEN**, w/ cheddar cheese, lettuce, tomato, and chipotle mayo ..\$8.50
- HW4 FRIED EGGPLANT**, w/ roasted red peppers, fresh mozzarella, and pesto dressing\$8.50

Your choice of wrap Spinach, Plain, Tomato, Whole Wheat & Garlic and Herb.
Your wrap comes with a side pasta salad of the day.



**CORPORATE ACCOUNTS
WELCOMED
CALL TO SET UP AN ACCOUNT**

**WE ACCEPT VISA, MASTER CARD, AND AMERICAN EXPRESS
MINIMUM \$20.00 ON CHARGE CARDS PLEASE**

FOCACCIA SANDWICHES

- F1 FRIED CHICKEN**, w/ fresh mozzarella, fried eggplant, and pesto mayo\$8.95
- F2 GRILLED CHICKEN** , w/ grilled onions, dill havarti cheese, and honey mustard ..\$8.95
- F3 UNCLE LEFTY** , w/ ham, prosciutto, fried eggplant, provolone, roasted peppers, and a balsamic dressing\$8.95
- F4 FRIED PORTABELLO MUSHROOM** , w/ fresh mozzarella, roasted peppers, prosciutto, and a pesto dressing\$8.95
- F5 BALSAMIC GRILLED CHICKEN**, w/ brie, roasted peppers, and honey mustard dressing\$8.95
- F6 TERIYAKI STEAK**, w/ grilled vegetables, and mixed greens\$9.95
- F7 CRANBERRY WALNUT CHICKEN SALAD** , w/ mixed greens\$8.95

All sandwiches come with a side pasta salad the day.



HOT PANINIS

- P1 CHICKEN CORDON BLEU**, w/ fried chicken cutlet, smoked ham, Russian dressing, and melted swiss cheese\$8.95
- P2 FRIED EGGPLANT**, w/ roasted red peppers, fresh mozzarella, & pesto dressing ..\$8.95
- P3 GRILLED TURKEY**, w/ bacon, swiss cheese, lettuce , tomato, and peppered ranch dressing\$8.95
- P4 CHIPOTLE CHICKEN**, w/ cheddar cheese, lettuce, tomato, and chipotle mayo\$8.95
- P5 GRILLED VEGETABLE** , w/ melted mozzarella cheese\$8.50
- P6 JAMAICAN JERK CHICKEN**, w/grilled zucchini, and ranch dressing\$8.95
- P7 CAJUN SLICED STEAK**, w/ melted pepper jack cheese, and sautéed onions\$9.95
- P8 GRILLED BLACK FOREST HAM** , w/brie, roasted peppers and honey mustard dressing\$8.95
- P9 MESA CHICKEN**, w/ blackened chicken,pepper jack cheese, grilled peppers, mixed greens, and chipotle mayo\$8.95
- P10 BOURBON STREET**, w/ blackened chicken, crispy bacon, Monterey jack cheese, grilled onions, and BBQ sauce\$8.95
- P11 BLACKENED CHICKEN** , w/fresh avocado, crispy bacon, and cilantro mayo\$8.95
- P12 BISTRO PANINI**, w/ grilled chicken, crispy bacon, melted brie, caramelized onions, and pesto mayo\$8.95
- P13 BUFFALO STEAK**, w/ crumbled blue cheese, mixed greens, and tomatoes\$9.95
- P14 GRILLED CHICKEN & SHRIMP**, w/ melted mozzarella, and mixed greens\$9.95
- P15 FRESH TOMATO & MOZZARELLA** w/ balsamic reduction\$8.95
- P16 CHICKEN RED PEPPER & FRESH MOZZARELLA** w/ balsamic vinaigrette dressing . \$8.95
- P17 CHICKEN PARMESAN**, w/ topped w/ fried eggplant and ricotta cheese\$8.95
- P18 BALSAMIC CHICKEN**, w/ melted brie, sliced apples, mixed greens, and honey mustard dressing\$8.95
- P19 RASPBERRY CHICKEN**, w/ mixed greens, crumbled goat cheese, sliced apples, and sun dried cranberries\$8.95
- P20 ITALIAN MEATBALL**, w/prosciutto, fresh mozzarella, fresh basil & marinara sauce ..\$8.95

Your panini comes with a side pasta salad of the day.

FRESH SALADS



- S1 ORIENTAL CHICKEN**, served over mixed greens, w/ mandarin oranges, oriental noodles, & cherry tomatoes, choice of dressing **SM.\$8.99****LG.\$9.99**
- S2 SESAME GRILLED CHICKEN** , served over mesclun greens, with grilled pineapples, ... cherry tomatoes, and oriental noodles **SM.\$8.99****LG.\$9.99**
- S3 HAWAIIAN CHICKEN**, served over mixed greens, with pineapple, strawberries, and ... shredded coconut, choice of dressing **SM.\$8.99****LG.\$9.99**
- S4 SESAME TERIYAKI CHICKEN** , served over mixed greens, w/ cucumbers, cherry tomatoes, shredded carrots, and red cabbage, choice of dressing **SM.\$8.99****LG.\$9.99**
- S5 CAESAR SALAD**, w/croutons and dressing **SM.\$6.99****LG.\$7.99**
- S6 MESCLUN GREEN SALAD** , choice of dressings **SM.\$6.99****LG.\$7.99**
- S7 TOSSED SALAD**, choice of dressings **SM.\$6.99****LG.\$7.99**
- S8 PONZENILLA SALAD**, diced mozzarella, tomato, red onions, croutons, over mixed greens, balsamic dressing **SM.\$6.99****LG.\$7.99**
- S9 DMC SALAD**, with crumbled goat cheese, cranberries, and candied walnuts with choice of dressing **SM.\$6.99****LG.\$7.99**
- S10 HONEY CAJUN CHICKEN SALAD**, served over mixed greens, w/ cherry tomatoes, and cucumbers **SM.\$8.99****LG.\$9.99**
- S11 MANGO SHRIMP**, served over mixed greens, w/ candied walnuts, sun dried cranberries, and crumbled goat cheese **SM.\$10.99****LG.\$11.99**
- S12 BLACKENED CHICKEN**, served over mixed greens, w/ strawberries, and almonds, choice of dressing **SM.\$8.99****LG.\$9.99**
- S13 COBB SALAD**, w/ romaine lettuce, grilled chicken, avocados, bacon, grapes, and crumbled blue cheese **SM.\$8.99****LG.\$9.99**
- S14 MAPLE GLAZED CHICKEN**, served over mixed greens, w/sun dried cranberries, sliced apples, and crumbled goat cheese, choice of dressing **SM.\$8.99****LG.\$9.99**
- S15 GREEK SALAD**, ice berg lettuce, cucumbers, tomato, red onions, black olives, and feta cheese **SM.\$6.99****LG.\$7.99**
- S16 PENNE CAESAR SALAD** , w/ romaine lettuce, croutons, and blackened chicken **SM.\$8.99****LG.\$9.99**
- S17 CRANBERRY WALNUT & AVOCADO SALAD**, over mixed greens, sliced apples, tomato, cucumber and feta cheese **SM.\$8.99****LG.\$9.99**
- S18 CHEF SALAD**, ham, swiss, turkey, american, hard boiled eggs, tomato, cucumber, carrots **SM.\$8.99****LG.\$9.99**

* DRESSINGS *

BALSAMIC VINAIGRETTE, RED WINE VINAIGRETTE, HONEY MUSTARD, RASPBERRY VINAIGRETTE, CAESAR, BLEU CHEESE, PEPPER RANCH, RUSSIAN, ORANGE MANDARIN GINGER, VINAIGRETTE, LOW FAT RASPBERRY, LOW FAT RANCH
EXTRA DRESSING .50 CENTS

* TOPPINGS *

EXTRA CHICKEN\$2.00
EXTRA SHRIMP\$3.00
EXTRA SALMON\$5.00
EXTRA FRESH MOZZARELLA, GOAT CHEESE, CRANBERRIES, CANDIED WALNUTS, CROUTONS, OR ORIENTAL NOODLES75 CENTS PER TOPPING

